



Fitbit Devices:

Charging Best Practices & FAQ

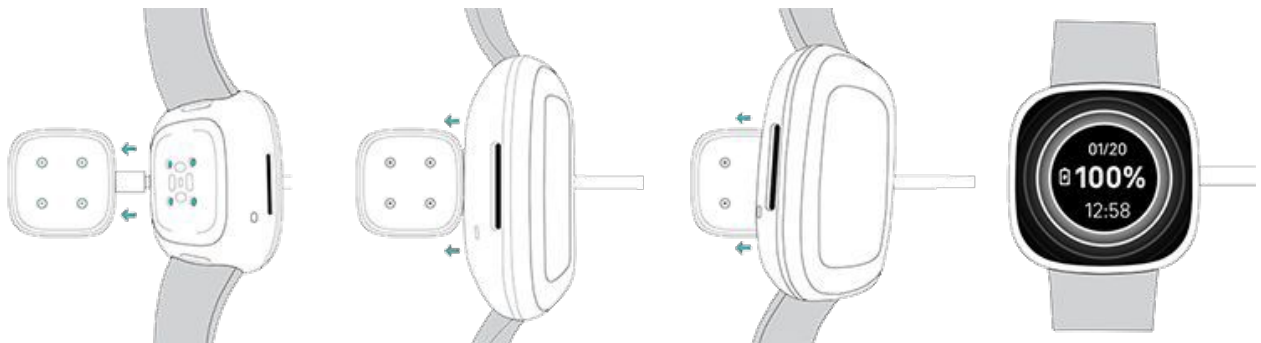
Instructions for Charging a Fitbit Device:

Plug the charging cable that came with your Fitbit device into a USB port on your computer, a UL-certified USB wall charger, or another low-energy device. Attach the other end of the cable to your device. Charging your device to 100% may take 1-2 hours.

Instructions for Versa 3 & Versa 4

→ How do I attach the charging cable to my Fitbit

Fitbit devices come with a rechargeable lithium-ion battery,. Hold the end of the charging cable near the port on the back of the watch until it attaches magnetically. The percent charged appears on screen.



→ How do I know when my device is charged to 100%?

Versa 3: While the watch charges, tap the screen twice or press the button to turn the screen on. The battery level appears for a couple of seconds, then disappears so you can use your watch while it charges.

Versa 4: From the clock face, swipe down. The current battery level appears at the bottom of the screen.



How do I check the battery level on my Fitbit device?

Swipe down on the Today tab of the Fitbit app to see your battery level in the top right corner, or see your battery level on most devices.

Versa 3: From the clock face, swipe right. The battery level icon is at the top of the screen. When your device's battery is critically low, a low battery icon appears for 3 seconds at the top of the clock face when you run on the screen.

Versa 4: From the clock face, swipe down. The current battery level appears at the bottom of the screen.



What are some tips for charging my Fitbit device?

- Make sure there are no metal objects, such as jewelry, nearby as your device charges. After your device is charged, unplug the charging cable.
- Get a notification or email when your device's battery is low. For more information, see [How do I choose which alerts Fitbit sends me?](#)
- Extend your device's battery life by reducing your use of certain features. For more information, see [Can I extend my Fitbit device's battery life?](#)
- Keep the charging contacts on the back your device and the pins on the charging cable clean and free of debris. For more information, see [How do I clean my Fitbit device?](#)
- For best results, don't leave your device plugged in on the charger longer than overnight

For troubleshooting steps, please visit:

http://help.fitbit.com/articles/en_US/Help_article/1190.htm